



High School Graduation Standards: Health

Standard	Performance Indicators
Health Concepts: Students comprehend concepts related to health promotion and disease prevention to enhance health.	Analyze complex health concepts related to any of the following: family life, nutrition, personal health, safety/injury prevention, tobacco, alcohol, and/or other drug use prevention.
Health Information, Products, and Services: Students demonstrate the ability of access valid health, services, and products to enhance health.	Evaluate the validity and accessibility of health information, products, and services.
Health Promotion and Risk Reduction: Students demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	Demonstrate a variety of behaviors to avoid or reduce health risks to self and others including first aid for personal, family and community health.
Influence of Health: Students analyze the ability of family, peers, culture, media, technology and other factors to enhance health.	Analyze how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors such as drug and alcohol use.
Advocacy, Decision-making and Goal Setting: Students demonstrate the ability to use interpersonal communication and advocacy skills; make decision; and set goals to enhance personal, family, and community health.	Apply decision-making process to enhance health.